



Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

6.4 Nappy changing and Intermittent Care

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Only trained and vetted members of staff are involved in intermittent care of children.

Procedures

- Our staff change all the nappies or 'pull-ups' of the children in their care every three hours, or more frequently where necessary.
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Key workers change their own key groups nappies/pull-ups.
- Untrained volunteers/students do not undertake any intermittent care routines
- Apprentices who have passed the probation period (6months) are trained in intermittent care routines but must be supervised by a trained member of staff at all times. Apprentices are all DBS checked
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- There are baskets to hand with nappies, 'pull-ups' and towelling wipes in for all the children.
- Our staff put on aprons before changing starts and the areas are prepared.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.

- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and hand towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. The nappy or pull up is put in the allocated bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home. If heavily soiled, we will dispose of the pants.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

This policy was adopted by	Peekaboo Childcare (Torquay) Limited	<i>(name of provider)</i>
On	April 2021	<i>(date)</i>
Date to be reviewed	April 2022	<i>(date)</i>
Signed on behalf of the provider		
Name of signatory	Alexandra Morton	
Role of signatory (e.g. chair, director or owner)	Director	