

## 04. Health Procedures

### 4.07 - Teething

#### Our Aim

We know teething can be uncomfortable for little ones. Our aim is to keep children safe, soothed, and supported while following strict health and safety guidelines.

#### 🙄 If Your Child Is Teething and in Discomfort

##### ✓ What We *Can* Give

We will administer teething gel or teething granules only, and only when:

- they are provided by the parent, and
- we have parental consent

##### ✗ What We *Cannot* Give

We cannot administer:

- paracetamol
- ibuprofen
- Calpol or any similar pain relief

#### 👉 Consent & Forms

Before we can give teething gel or granules:

- A teething remedies medicine Form must be completed and signed by a parent/carer.
- This form will be uploaded and stored on the child's Family account.

## How We Record Each Dose

Every time teething gel/granules are given, we record:

- Date
- Time
- Who administered it
- Who witnessed it

We also ensure:

- 'Visible to parents' is ticked
- 'Notify parent' is ticked
- Parents are verbally informed at pick-up

We always follow the exact instructions on the product packaging.

## Bringing Teething Gel/Granules to Nursery

Please make sure:

- The teething product is in its original container
- The container is clearly labelled with your child's name
- We are able to keep it at nursery during the teething period
- This is noted on the short term medicine form

We will send home teething gels/granules by the use by date and ask for more if necessary - in this case a new form will have to be completed.